

sisterstoday

JUNE 2026 ISSUE 45



Resilience grows in stormy seasons

Our Residents spreading love and gratitude

Valentine's day spoils

Thank you, **Ma Phumza**, for all the lovely spoils this weekend that you and Sis Liz gave us. It was a blessed weekend and you **surprised** us the whole weekend. Thank you, Sisters Incorporated, for opening your home to **us**.

Jillian

Thank you, **Nobuntu**, for your time and love. You always go the **extra mile** for me and you think of what everyone needs. You are like a real **mother** to us. When you arrive in the morning and I see you, my day is made. And don't forget your singing. You are **one special lady**.

Resident

Aunty Rochelle is the best housemother a person could ask for. She always speaks to us with kind words. We love you Aunty Rochelle.

Resident

"Only a life lived
for others is a life
worthwhile."

Albert Einstein



Strength and effort

Dear **Ma Phumza**, thank you for you. I saw you cry, get frustrated and been disrespected by some of the residents. Not once, did you **respond** with harsh words or a mean attitude. You always loved us in such a respectful way.

You went **out of your way** to make sure we got the best. Waking up super early, in order that my boys had their porridge in the morning. You would call me to your office in private, to advise or speak to me **with love**, about the boys. Your Sunday lunches were always a hit.

I admire your **strength** and see the **effort** you always put into everything you did for us.

Tracey Smart



Treated well, ate well, slept well

I would like to share how I spent my **few months** at Sisters Incorporated.

I was scared when I came on the first day. I did not know what was going to happen to **me and my twins**.

To **my surprise**, I was treated well, ate well and slept well. I learnt a lot – even to do a toss salad **on my own**. I am grateful for the way Sisters Incorporated cared for my twins through the schooling, transport, stationery and many gifts.

I will **never forget** what every Staff member did for me.

May God bless you!

Thank you for providing **support, safety** and **kindness** during a difficult time in my life.

Marie and Twins

Went the extra mile

Thank you **Sis Phumza**, for all you did for us. You always went the extra mile to make sure that we were **well fed** (with amazing food). All the love and effort you put into everything you did for us, is much appreciated.

Nothing was **ever too hard** for you, and you never once complained after spending all day on your feet to make sure that we got only **the best**. Thank you so much for everything.

Lynn

Angels of Sisters Incorporated

A **heartfelt** deep, deep thank you for opening your doors and hearts and making time for **Mariam** and **myself**. We will **never forget** our experience here. I've found Jesus here. I've never seen such **Christ-driven** ladies as I've seen at Sisters Incorporated, working with so much **love** and **sincerity**.

Mariam and Sheena

Staff Wellness

Insight with DoTerra

Heartfelt thanks to **Bronwyn Moore**, Director of Community Cohesion and DoTerra for an **extraordinary** wellness session and teaching us about **essential oils**, basic hand **massage** techniques and **pressure** points.



DoTerra Wellness Team with Sisters Incorporated.



Bronwyn Moore.



Our Team.



Pressure points in our hands.



Our Team learning the technique of **massage**.

A prayer by Pamela on behalf of Tracey

Father God

We come before You with grateful hearts, lifting up Tracey and her boys into Your loving hands as they prepare to step into a new season of life.

Lord, You are the One who restores the brokenhearted and rebuilds what has been torn down. As Tracey leaves this place of shelter and healing, go before her as her guide, stand beside her as her defender, and walk behind her as her protector. Establish her steps, provide for every need, and fill her home with peace, dignity and joy. Let her boys grow under Your covering — safe, confident and rooted in the knowledge that they are deeply loved by You.

We thank You for the gift of Sisters Incorporated and for every staff member who has served with compassion, wisdom, and courage.

Thank You for the healing they have helped bring, for the dignity they restore and for the hope they plant in hearts that once felt forgotten. Bless the work of their hands and the intentions of their hearts.

Lord, grant them discernment with every woman who walks through their gates. Help them see each individual through Your eyes — understanding their unique story, hidden wounds and the beautiful destiny You have placed within her.

Let the seeds they plant grow into restored lives, healthy families and women who step fully into Your purpose for them. Where You desire restoration in marriage, guide the process. Where You are building new beginnings, strengthen and establish them according to Your will.

Father, as they cover others, we ask that You to cover them. Be their refuge and their fortress. Hide them in Your pavilion when they are weary or when the weight of others' pain feels heavy. Renew their strength daily and guard their hearts from discouragement.

Bless their families – those who wait for them at home, who support them quietly and who share in the cost of their calling. Let their households be places of joy, rest, and unity.

Send them the right strategic partners – people of integrity, compassion and shared vision.

Bring resources, wisdom and divine connections at the right time. May their storehouses never run dry and always overflow with what is needed to care for the brokenhearted and those crushed in spirit.

Remind every staff member, volunteer, and leader that their role matters deeply.

Even the smallest act of kindness, the quietest conversation, and the gentlest word can change the course of a life. Let them know they are part of Your sacred work of restoration.

May this place continue to be a sanctuary of healing, a doorway to hope and a testimony of Your mercy and redemption.

We entrust Tracey, her boys, and the entire ministry into Your faithful hands.

In Jesus' name, Amen

Donors, you are a blessing!



Through the generosity of **Cessie Antonie**, a cot was donated to the **Child Care Facility**.



Thank you to the Team at **Relocation Africa** for the continued support.



A heartfelt thank you to **Sigma** for the financial donation.



We extend thanks to Team **'Together We Give'** for their donations.



Thanks to **The Order of St Lazarus** and **Cherri Armstrong** for the continuous donations.

The Cape of Storms

As the **floodgates of heaven** opened on Monday, 11 May 2026, with storm warnings and alerts, the **Hand of God** protected every life on our property from harm and injury.

Every storm comes with its **consequences** and ours became evident as we sat down for our morning meeting, receiving a call from our residents about **damage** to the cottage roof. We were then faced with the devastation caused by the **powerful winds**, which brought down **huge, old trees** on the property.

Our **Child Care Facility** has been impacted, with the play area damaged after the undercover sheeting was **blown in** after one of the trees collapsed onto it. The **fencing** was also affected as part of the ripple effect, while our **electric fencing** sustained damage after another tree fell onto it. In addition, a large branch fell onto a Staff member's **vehicle** during the storm, causing further damage.

The **cost** of tree felling and clearing now form a significant part of our immediate financial **need** as we

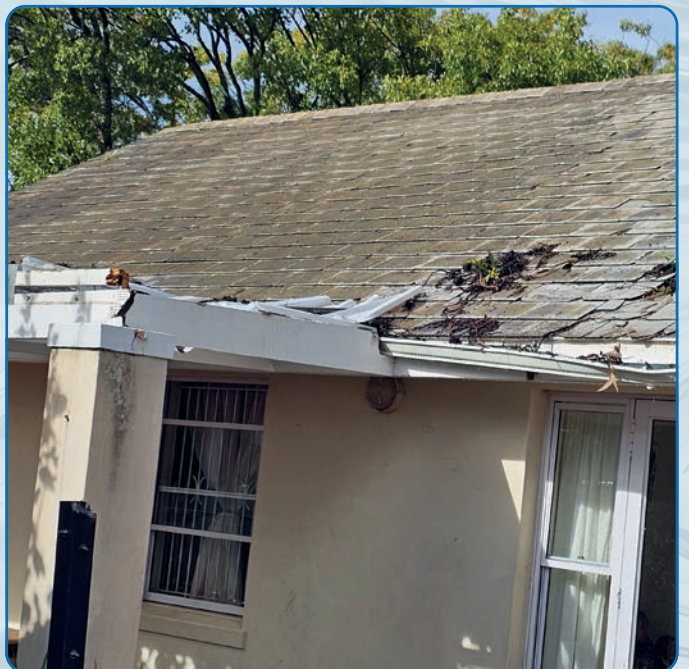
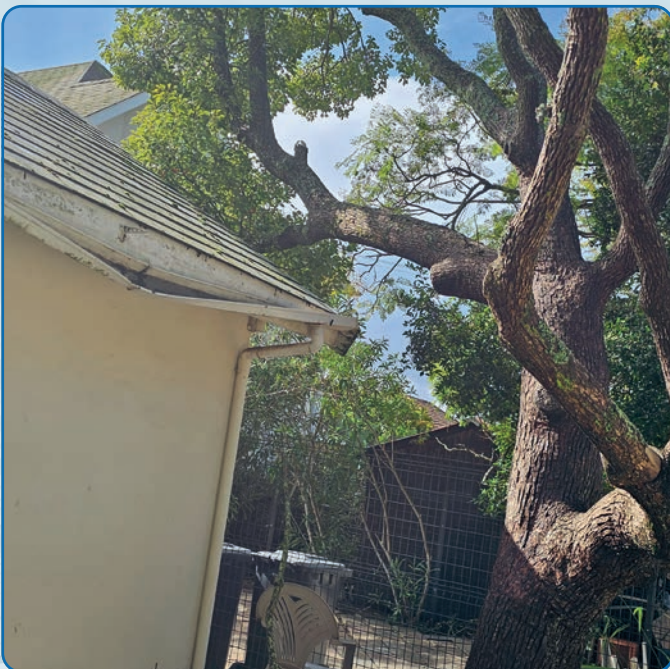
need urgent **professional** expertise. We still have several large, old trees on the property that **pose** a similar threat and need to be removed.

Our **greatest concern** remains the safety of the women and children in our care, particularly around the **Child Care Facility**, which we hope to protect from any further damage while the children continue to use the space.

As we move deeper into winter, the **possibility** of the cottage being impacted during another Cape storm night, is a sobering thought and one that could further **unsettle** the residents and their children.

We are **deeply thankful** for the prayers covering us, for every message, phone call, offer of support and assistance. Your **kindness** and **care** mean more than words can express.





@Sisters Incorporated: Events and more...

Reconnect House of Hope, Caledon

Sisters Incorporated was given the opportunity by the **Department of Social Development** to mentor the **new shelter** for a few months. During this time, Sisters Incorporated **guided** the Team, shared resources and offered support where possible. We are **grateful** for the experience and the opportunity to connect with and learn from **new colleagues** in the sector.



Empowering Staff to empower survivors!

Chantell Le Roux and Danica Gennison completed a **Basic Computer skills** programme through **On The Ball College**.



Staff Stratplan

That's leadership!

Building strong organisations isn't just about systems or outputs — it's about **alignment**.

When employee strategies are **intentionally aligned** with organisational vision and goals, performance becomes sustainable, engagement improves, and people can **contribute** with clarity and purpose.

Healthy organisations don't rely on constant adaptation from individuals — they **invest** in structures that support **both** people and performance.

That's **not** accidental. That's leadership.

Delmaine van Niekerk

BOARD MEMBER



Happy Social Workers Day!

Not all heroes **wear** capes — some **carry** case files, **offer** hope, and **change** lives every single day. You make a **difference** where it matters most.

Happy Social Workers Day to (left to right) **Nobuntu** Nforchu (Social Auxiliary Worker), **Celeste** Solomons (Social Worker) and **Ntombi** Qamba (Non-Practicing Social Auxiliary Worker).



Frames of Hope

A **heartfelt** thank you to the WC FirstRand Volunteers for donating the beautiful **Frames of Hope** to the **shelters** within the WCWSM. Thank you for standing **alongside** our shelters and for making a meaningful difference in the **lives of so many**.



In the eyes of a child

Child Care Facility outing to the World of Birds

The children were introduced to the sanctuary which is the home of a **wide variety** of birds and small animals. They were **filled** with curiosity and enthusiasm. Walking through the large aviaries allowed them to see the birds **up close**.

This immersive experience helped them feel more **connected to nature** and gave them a better

understanding of how birds and animals live in their **environments**.

After this, full of excitement, they were treated to McDonald's for lunch.

Danica Gennison

CHILD CARE FACILITY TEACHER



Word from our Manager

June has arrived, and with it, winter's chill. Although it feels as if we **skipped** Autumn completely. **One moment** the days were golden, and the next, the skies turned heavy and grey. The sudden change brought with it storms that tested not only our buildings but our **resilience**.

In **May**, we faced the second round of storm damage this year. The first time, in **February**, strong winds tore through and a branch fell on the cottage, breaking roof tiles. This time, rain and wind joined forces in a **devastating** combination. As I stood looking at the damage, my thoughts raced – no manager wants to **start** a Monday morning with news like this. Yet, even in that moment of worry, I was **reminded** of what truly matters: the **safety** of the women, their children, and our Staff. Thankfully, **no one** was hurt.

What followed was a story of **community**. The tree felling team arrived swiftly, clearing the fallen tree and rubble. **Messages** poured in, phone calls, WhatsApps, social media **check-ins**; each one a reminder that we are not alone. Financial donations have **slowly** begun to build a fund toward removing the bluegum trees, but we still have a long way to go, as the estimated cost of removal is approximately **R75 000**. Though the cost is great, the **strength** of our community is greater.

To the **Team**, thank you for rallying together, lightening my load and stepping in wherever needed. Your efforts mean **more** than words can say.

To our **international Volunteers**, we learn from you as much as you learn from us.

To our **faithful** local Volunteers who handle collections, we appreciate you deeply. To **every** donor, company or individual, your contributions — financial or in kind — **sustain** us day by day.

To the **Board**, know that your guidance and care are valued more than words can **express**.

As I end this word, just a **reminder**: This storm was more than **wind and rain**, it was a reminder of the strength we find in one another. **Together**, we weathered it, literally and figuratively. And together, we will **continue** to face whatever lies ahead. May we always **remember** that even in the fiercest storms, it is the light of community, kindness, and **courage** that guides us safely through.

Delene Roberts



Global Linkage visits

Lorna Johnson, Global Linkages, brought **three groups** from USA on different days and we are extremely grateful for their **financial** and **in kind** donations.



Sisters Incorporated received a **Certificate of Appreciation** from **Grandslots**.



With gratitude...

Alison Evans

Clifford Harris Trust

Community Chest

Community Cohension

Debschein Trust

Department of Social Development

ER Tonnesen Trust

Global Linkages

Grace Family Church

J Foster

Lions Club Grootre Schuur, Sharon Cottle

Lodge Dedication, Cathy Quickfal

Low and Company, Gray Trust

Lower Kenilworth Improvement District

Nabeelah Parkar

Nussbaum Foundation

Opechee Design

Pinelands Development Company

Relocation Africa

Rondebosch Meerkats

The Order of St Lazarus, Cherry Armstrong,

Tonya Wilson

Union of Jewish Women, Constantia

Woolworths My School Card

Woolworths, Kenilworth

Wynberg Girls Junior School

Youth Solutions Africa, Pastor John Philmon

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