



## OUR NEEDS

### FOODSTUFF

- Meat, chicken or fish
- Canned fish, corned beef, etc.
- Tins of veg (e.g. baked beans, tomatoes, etc.)
- Eggs
- Rice
- Cooking oil (e.g. fish, vegetable oil)
- Margarine
- Peanut butter
- Polony
- Jungle oats
- Milk (powdered, long-life or fresh)
- Sugar
- Coffee, tea
- Spices

### HOUSE-HOLD HYGIENE

- Detergents
- Toilet paper
- Black bags

### OFFICE STATIONERY

- Paper (reams), exam pads
- Pens, prestick, pritt-stick
- Plastic sleeves, files, folders

### CHILD CARE FACILITY

- Small toys, educational toys/books
- Puzzles, colouring books, story books
- Aprons, crayons, colour kokis, glitter, glue, etc.
- Soft ground cover/astro-turf
- Plastic table cloths
- Baby wipes

### GENERAL

- Small appliances (kettles, toasters, irons)
- Clothing (for adult women and children)
- Bathroom sets

### GENERAL MAINTENANCE

- Steam-clean carpets and couches
- Gardening/property maintenance